

Issue 18  
Term 1  
September 2014

# Coláiste Nano Nagle Newsletter



## TO ALL MEMBERS OF THE SCHOOL COMMUNITY

On Monday 20th October 2014, the Minister for Education and Skills, Jan O' Sullivan T.D. will officiate at a ceremony to mark the change in the name of our school. In 1747, Nano Nagle opened her first school in Cork City and founded her own order, known as Presentation Sisters to carry on her great work of Catholic Education in Ireland. In 1837, Nano's great work continued with the opening of a new school in Sexton St which continues on today, as a pre-school, primary and secondary school and a College of Further Education. Venerable Nano our inspiring foundress, will be honoured by renaming the school Colaiste Nano Nagle. This marks a change for all of us here in the school community and no doubt we will remain fondly known as Pres for many years ahead. However only the name changes and the school will continue with the great work in education in Limerick. Dedication and commitment to all who pass through our doors will remain hugely important to us. I would like to thank Minister O Sullivan for taking time from a very busy schedule to visit the school and we look forward to warmly welcoming her on her first ever visit to the school.



Kind regards,

Marion Cummins

Principal.

## *Girl Power Across the Globe*

An Indian schoolgirl giving tuition to smaller children in a village school. If you are a student reading this article and feeling the pressures of school life, you might be surprised to hear that there are thousands of your peers, teenage girls, across the world that would be madly jealous of your life in school! Many are kept at home to do housework, some lose out by having to marry too early, others have to sit in overcrowded, poorly resourced classrooms. In the year ahead we will be doing a project called "Empowerment Through Education" or put simply "Girl Power Across the Globe." It also includes global environmental awareness. World Wise Global Schools (WWGS), a government body, are supporting and funding this. Lots of activities will help us to think about these important issues between now and next June: class projects, Concern Debates, Green Schools projects, visiting speakers, day trips to zoos/sanctuaries and global development organisations, Intercultural Day and Fairtrade Fortnight, to name but a few! We will both learn a great deal and, hopefully, have a whole lot of fun too. We will build links especially with schools in India and Peru. To help towards this, three of our teachers, Mr Carmody, Ms Gaughan and Mr O'Sullivan will travel to India in 2015 to visit schools and projects in Calcutta and West Bengal. They will bring back lots of new insights into our "Girl Power Across the Globe" theme and give us a new appreciation of the power of education to transform lives!



## **Coláiste Nano Nagle Running Club**

The Coláiste Nano Nagle running club has been set up under the stewardship of Mr. O'Sullivan as an extra curricular activity and has been a success to date. The running club members are currently training for the Womens Limerick Mini Marathon which is on Sunday the 26th October. The running club members will also be collecting and donating money to local charities. Best of luck to all the girls taking part.

## **Basketball**

Basketball season is back up and running. This year we have very strong teams and will look forward to the coming season. Attendance at training has been really good. Our first in school blitz will take place on Friday and the first and second years will have their first challenge match next week. There are some fantastic new players in first year and have the potential for a great season. Best of luck with the League to all years. Our thanks to Ms. Murphy, Ms. Donnellan and Ms Begley.

# Comhghairdeas



First Years 2014-2015 Coláiste Nano Nagle



Yeats



Joyce



Heaney



*Third year students at the annual CIMA Business Studies Quiz which was held in LIT.*

# Comhghairdeas

## ICE BUCKET CHALLENGE

Colaiste Nano Nagle recently took part in the Ice Bucket Challenge for Motor Neuron Disease. Ms Moloney had the fantastic idea to do this in our school and asked teachers to volunteer to be part of it. 17 brave teachers accepted the challenge and the students donated €1 each to see their teachers get soaked. 17 lucky students were selected to pick a teacher of their choice to pour the ice cold water over them.

We invited the Spinis from Spin South West to be part of our special event. They interviewed Ms Moloney on Spin South West and they tweeted pictures from the challenge. Well done to all involved especially Ms Moloney, the teachers who participated and all the students who donated and poured.

Another great event in Colaiste Nano Nagle.



## VIST TO KEEPER HILL

On the 16th of September all the fifth year students got the chance to climb Keeper Hill in County Tipperary. It is 694m high. The students had great fun and they said

it wasn't that hard until they reached the last 30 minutes of the climb but it was a fantastic feeling to reach the top. Once at the top the students relaxed, enjoyed the view and had their lunch. After lunch the students made their way down Keeper Hill and took in the beautiful scenery. It took them four hours to climb up and down. They had a great day and would definitely do it again.



# Comhghairdeas



## Biology Practical Course Work

On the 25th of September 2014, the sixth year biology students went on an ecology field trip at Flaggly Shore in north Clare as part of their Leaving Certificate biology course. The girls had to identify many different plants and animals. The girls really got stuck in and found many interesting species. They worked very well on the day and their teacher, Ms O' Reilly, was very proud. Well done girls.

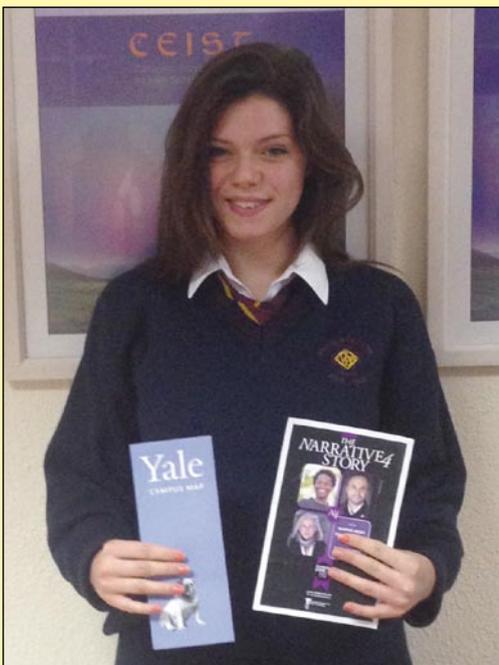


TY students on their trip to the Gaelic Grounds with Ms. Donnellan



# Comhghairdeas

Transition Year students performing the annual school clean up in September with Ms. O'Brien



## *Narrative 4 praises Sarah Little*

Sarah Little attends Presentation Secondary School in Limerick City, Ireland. She lives with her father and his partner and her brothers and sisters. Family means a lot to her. Sarah is a quiet girl who likes taking time out of her busy city life to go for long walks in the country. She loves meeting new people and is excited to be a part of this Summit at Yale University. She loves to read and watch old movies. Sarah is ambitious and would love to pursue International Business or Journalism in college when she finishes school in 2015.



*Lucia Hyde, Wendy Sheehan, Nicole Kelly, Rayanne Moran members of the Treaty Gaels team who won the County Final in Camogie against Na Piarraigh.*



*Ailish Rowan, Sarah Little, Shauna Kiely & Daria Biel prospects for Head Girl 2015*



*Welcome to New Staff Members*

*Ms. Alison Collins,  
Ms. Therese Gaughan (Music),  
Mr. Colm Madden,*

*May you be very happy in Coláiste Nano Nagle*



# Comhghairdeas

## GREEN SCHOOLS NEWS

On the 12th September, Students from Transition Year and the Green Schools Committee went to the Belltable to see the environmental film entitled, 'Elemental'. Elemental tells the story of three individuals united by their deep connection with nature and driven to confront some of the most pressing ecological challenges of our time. All the students got a chance to see the pressing environmental challenges that the world is facing today.

One Green Schools' students, Chloe Mason in third year stated the following,

*"It was hard to see the Ganges River in India being so polluted by factories and the local people bathing and washing in the dirty river although after a long struggle he managed to get the Government to stop 128 factories from dumping in the river."*



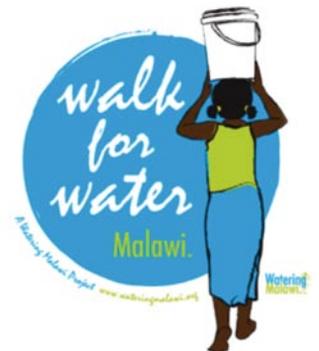
### Other Green News:

This year we are applying for our Third Green Flag for water. Our Green Committee were busy working for this flag last year and will continue to work hard both informing our school community and doing environmental actions in our school. As part of the Green Schools programme, we have to hold a 'Water Awareness Day' with many teachers/students doing Environmental work on issues relating to water. Our Action Day is on October 10th, 2014. All classes will be given talks on how to reduce water wastage, how to use recycle bins and energy awareness.

### WALK FOR WATER

Students will also be made aware of Global water shortage. Did you know that many children in developing countries around the world must walk an average of 6 km every day to get clean water? Our Green schools girls will carry water as part of a sponsored walk to raise money for Trocaire. We hope that the collected money will go towards providing a well for people who have no access to water in their villages in the developing world.

The students intend to carry six litres of water for three kilometres in the People's Park on 10th October. The experience, I hope will help the students to understand what many children their age in developing countries must do every single day, often at the expense of being in school. It is a motivating and effective event to engage the younger generation on an important topic and teach them that they can make a difference in the lives of others.



*Hello,*

*My name is Liana and I am a member of the student senior representative council. Our job is to be involved in planning of school policies eg the anti-bullying policy. We are always there to listen to any students who have any problems outside or inside the school. We aim to improve relationships between students and teachers, to live as a family in peace and respect of one another. We also get involved in activities for the benefit of the local community eg. meals, fund raising etc. We represent our school and give good example to the young students who come to our school and we make sure they are happy and not distracted from work. We investigate and inform on issues which are happening in school and try to resolve them. We care, love and respect our school and try to represent our principal, teachers, students in the most favourable light.*

*Liana Saveljeva*

# Comhghairdeas



## *Senior Cycle Students at Mid West Careers Exhibition 2014*

As part of their Guidance Programme in the school, the Senior Cycle students attended the annual Mid West Careers Exhibition at Limerick Racecourse on the 30th of September. The aim of the Exhibition is to provide a common platform for interested colleges and training bodies to meet with interested candidates such as our students. The exhibition hosted approximately 100 exhibitors from a selection of Colleges, Employers, Professional and Training Bodies in both Ireland and the UK and catered for approximately 4000 students from the Mid West region. Many of the girls reported to Ms. Daly and Ms. Leahy on the day that this visit was of huge benefit to them in terms of making career decisions having been given the opportunity to meet with college representatives.



### What is CDKL5?

CDKL5 is a rare x-linked genetic disorder that results in early onset, difficult to control seizures, and severe neuro-developmental impairment.

CDKL5 stands for cyclin-dependent-kinase-like 5, and it is a gene that is located on the x-chromosome.

As a result CDKL5 affects mainly girls, although there are also some boys who have been diagnosed with the disorder.

Most of the children affected by CDKL5 suffer from seizures that begin in the first few months of life. Most cannot walk, talk or feed themselves, and many are confined to a wheelchair, dependent on others to care for them.

*Yana, friend to students in our school releases green balloons on Friday 26th September to raise awareness for CDKL5 a rare genetic condition. Her daughter sadly suffers from CDKL5.*



# Comhghairdeas



*Coláiste Nano Nagle Junior Certificate students receiving their results on September 10th 2014*



## *School Mass for New School Year in Coláiste Nano Nagle*

The theme of the ceremony was faith, hope and love. Fr. Chris O'Donnell gave a very interesting homily where he encouraged all of us to embrace our faith, to hope in a bright and better future and to love one another.

Sr. Colette was presented with a bouquet of flowers and best wishes for her trip to Equador. Ms. C. O'Brien and Sr. Colette were thanked for their outstanding preparation of this spiritual event. The choir under Ms. T. Gaughan were praised for their wonderful singing. Ms Cummins wishes all staff and students every blessing in the academic year 2014/2015

